



## WAIVER FORM

I, the undersigned in consideration of being permitted to participate in

Queens Centers for Progress  
Footsteps for Progress 5K  
at Kissena Park  
on April 30, 2022

Waive and release any and all claims and hold QCP harmless against demands which I or my heirs, personal representatives or assigned may have against Queens Centers for Progress regarding my participation in the walk. In the event of any and all injuries or illnesses sustained by me or any aggravation of any illness or injury while participating in the walk I hold QCP harmless. I hereby give my consent for Queens Centers for Progress to use my photograph and likeness to be used in its publications, on its website, Social media pages and in releases to the press following the event.

**Please Print:**

Name \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code \_\_\_\_\_

Cell number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Shirt Size: \_\_\_\_\_

(Event t-shirts will be distributed to walkers who donate or fundraise \$30+)

Age: \_\_\_\_\_ Gender \_\_\_\_\_

\_\_\_\_\_  
Participant's Signature      Date

\_\_\_\_\_  
Parent/Guardian Signature (if under 18) Date

Mail, email or Fax Waiver forms to: Queens Centers for Progress  
Footsteps for Progress Annual Walk  
81-15 164<sup>th</sup> Street, Jamaica, NY 11432  
Fax: 718-380-0483, Email: [wphaff@queenscp.org](mailto:wphaff@queenscp.org)